

# August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 <b>NO PRACTICE - due to changes made to 6th grade orientation</b>	8 Practice 2:30 - 4:00 <b>Must have all paperwork signed/initialed and dated.</b>	9 Practice 2:30 - 3:30	10 Practice 2:30 - 3:30 <b>Mandatory parent meeting @3:30</b>	11 <b>No School No Practice</b>	12
13	14 Practice 2:30-3:30	15 Practice 2:30-3:30	16 Practice 2:30-3:30	17 <b>Jamboree @ Chk Dam* **Times</b>	18 <b>No Practice</b>	19
20	21 Practice 2:30-3:30	22 <b>Meet #1 @ Chk Dam</b>	23 Practice 2:30-3:30	24 Practice 2:30-3:30	25 <b>No Practice</b>	26
27	28 Practice 2:30-3:30	29 Practice 2:30-3:30	30 Practice 2:30-3:30	31 <b>Meet #2 @ Chk Dam</b>		

\*Chk Dam is the Chickamauga Dam - ALL Meet dates are all tentative and subject to change until they are confirmed by central office.

\*\*All meet times will be 5pm/5:30pm with the boys and girls teams alternating the 5/5:30 start times.

**Runners should report to the Dam by 4:45pm to warm-up as a team.**

# September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 No Practice	2
3	4 No School No Practice	5 Practice 2:30-3:30	6 Practice 2:30-3:30	7 Meet # 3 @ Chk Dam	8 No Practice	9
10	11 Practice 2:30-3:30	12 Meet #4 @ Chk Dam	13 Practice 2:30-3:30	14 Regular Season Rain date  If not needed then Practice 2:30-3:30	15 No practice	16
17	18 Practice 2:30-3:30	19 HCDE County Meet @ Chk Dam	20 Practice 2:30-3:30	21 Practice 2:30-3:30	22 **TMSAA Sectionals - Woodland Park`	23
24	25	26 HCDE County Meet Rain Date @ Chk Dam	27	28	29	30 TMSSA XC State Championship - Weakley Park Clarksville, TN

\*\*Sectional date is subject to change based on TMSAA/TSSAA calendar when it is released.

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